

Preview

[Close Window](#)

From: juve <info@juveaz.com>
Subject: News from juve facial rejuvenation salon
Reply: info@juveaz.com

[\[View HTML Version\]](#) [\[View Text Version\]](#)

 [View Printable Version](#)

January 2007

juve facial rejuvenation salon

A younger, healthier you!

Hormones: What you should know.

[Hormones and the skin:](#)
[Hormone Replacement Therapy](#)

Join our mailing list!

Join

Greetings!

Hormones and the skin:

Hormones are like little chemical messengers passing information throughout the body. Those that are produced in the ovaries, adrenal and thyroid glands are most likely responsible for skin changes as we age. They effect the skin's tissues, blood vessels, and hair follicles as well as sweat and oil production. Here is a quick run through of these hormones and how they affect the skin.

Estrogen/progesterone: These are the female hormones produced in the ovaries. When estrogen levels decrease, production of collagen is reduced and the skin becomes thinner and loses elasticity. Estrogen levels also contribute to the skin's moisture; the lower the estrogen level the drier the skin.

Hormones produced in the thyroid: Thyroxin influences the skin's appearance and texture. Over production of

thyroxin produces warm, sweaty, flushed skin. Under production of thyroxin creates dryness, coarseness and thickening.

Testosterone/Androgens: These hormones are produced in the adrenal glands. Testosterone stimulates oil production and growth of facial hair. Breakouts and skin infections can occur from overactive oil glands and pores clogged by dead skin and bacteria. Androgens are the hormones that stimulate the sebaceous - or oil- glands in the skin. When they are over stimulated acne flare-ups can occur. Fluctuations in androgens can also cause hirsutism, a condition characterized by excessive growth of hair on the female face and body. Stress and mental unrest can trigger over production of these androgens.

Hormone Replacement Therapy

Hormone replacement therapy has been used for many decades by the medical community to treat hormone imbalances. The prevalent treatments have been to prescribe synthetic drugs such as Premarin and Prempro. At one time, HRT was believed to help combat the symptoms of menopause as well as decrease certain health risks such as heart disease, ovarian cancer and high blood pressure. However, recent studies such as the Women's Health Initiative Study showed that the use of HRT drugs increased the risks of heart disease, breast and ovarian cancer, blood clots, high blood pressure, dementia and stroke. Currently, research results are still pending in relation to safe hormone dosage and qualified HRT candidates. Many now believe that the risks associated with HRT drugs potentially outweigh the benefits. Consider, instead, alternatives such as bioidentical hormone creams, herbs, supplements and dietary guidance. Remember to always consult with a health care professional to determine what might be most appropriate for you.

Promotions

Resolutions: Start the new year off right!

Feeling exhausted from holiday festivities? Treat yourself to a relaxing facial or ELR treatment.

[Learn More](#)

A viable alternative...

Did you know that traditional Chinese Medicine and Acupuncture are extremely effective in treating perimenopausal and menopausal complaints as well as many other gynecological problems? Schedule an appointment with our licensed Acupuncturist, Rachele Marmor, to explore the benefits of this holistic approach.

www.arizona-acupuncture.com

We hope your holiday season was a peaceful and joyous one and wish you a happy, healthy, prosperous new year!

Sincerely, your friends at juve

juve facial rejuvenation salon

email: info@juveaz.com
phone: 480-596-9600
web: <http://www.juveaz.com>

[Forward email](#)

 **SafeUnsubscribe®**

This email was sent to info@juveaz.com, by info@juveaz.com
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



